



# ARKIN YONGI MASTERY PREPARATION

2012 ARKIN YONGI MASTERY  
(FOR AUSTRALASIA AND OTHER INVITED PARTICIPANTS ONLY)

Thank you for enrolling into the Arkin Yongi Master Course 25 – 31 March, 2012.  
It will be the most profound and enlightening week that you would ever experience. **IT IS AND WILL BE ABOUT ARKIN YONGI MASTERY AND OUTREACHING TO OTHERS!**

The Arkin Yongi Master Course is to be held in Glory Beach Resort, Port Dickson, Selangor, Malaysia.

## VENUE:

The venue has excellent facilities. Food is fully catered for.

1 If you have a special diet or are vegetarian let us know.

## THINGS TO BRING:

- 1 Bring along a meditation mat and a large towel to cover up in the morning.
- 2 Insect repellent and sunscreen are a must.
- 3 Massage or oils for some bodywork out of class time.
- 4 Writing materials for note-taking. There will be handouts on most core subjects. It will be good if markers and high-lighters are brought along.
- 5 Bring a diary to record this milestone of your life.
- 6 Camera and/or video recorder. A tape recorder is useful for my talks.
- 7 Casual clothes. Bring along swimming gear. Bring along your running gear.
- 8 Bring along a soft toy, a photo of someone you know well, and a small sentimental item.
- 9 You need to bring a drum, a music shaker, and a mouth organ along.
- 10 6 candles (the stumpy ones).
- 11 Art Block with Charcoal crayons.
- 12 Please refer to the list of things to bring either on the website or from me.

**(WHATEVER THE PROCESS AT THE END OF THE DAY IT IS TO PREPARE YOU TO BE ARKIN YONGI WELLNESS AND POWER MASTER AND TO BE A GREAT MASTER IN YOURSELF)**

## TIBETAN BELLS:

If you want to purchase a set of Tibetan bells (so that you can attune ARKINYONGI MASTERY students, use for meditation, classes, and centring) let me know. They cost MR\$150.00 per set and they are beautifully engraved bells.

As ArkinYongi Master/ Teacher you will need them and the price quoted is the cheapest you can get. It will cost up to Aus\$180 per set of bells.

## BOOKS:

I highly recommend the following books:

- 1 Yong Lim, Working With Spirits: The YongiWay Method
  - 2 Yong Lim, Table Tipping: A Simple Guide (sold out)
  - 3 Yong Lim, Feng Shui: A Simple Guide For The Homebuyer
- All three books are retailing at RM15 each.

## **YONGIWAY MASTER TEE-SHIRT**

Master graduates will be given a **FREE MASTER TEE-SHIRT** upon graduation.

## **PRE-CAMP PREPARATIONS:**

I advise that you start preparing yourself for this gruelling course. Some useful suggestions include:

- 1 Do some inner self meditation.
- 2 Go for brisk walks/gym work/exercise/jogs. You need to be fit.
- 3 Do the opposite to your normal routines.
- 4 If you cannot swim learn quickly to do so!

**(ALL ARKIN YONGI MASTERS WILL HAVE TO BE FIT AND HEALTHY AS EXAMPLES TO THOSE YOU ARE GOING TO OUTREACH TO).**

Please come to the Master course with an “empty cup” and allow me to fill it with knowledge and substance. Come with a positive, open, and free-flowing mind. Let yourself grow with strength and the ability to fulfil your wildest dreams!!!

Last but not least, I applaud and thank you once again for wanting to do the Arkin Yongi Wellness and Power Mastery Course. Some of you come from afar to do it. I am personally excited for your taking up this holistically challenging course - it is unique, it is magic, and it is for you.

See you all soon and good luck in your preparation.

In Love, Light, and Wisdom.

Dr. Yong T. Lim.  
Founder, YongiWay  
Founder, Arkin Yongi Wellness and Power

## **MY PERSONAL ADVICE?**

**START YOUR TRAINING NOW AND GET FIT  
OTHERWISE MAY YOUR CARCASS BE WITH YOU!**

